Name _____ **Date**_____ **Exam #** _____ **Test Form** _____

Self Assessment of Test Preparation and Performance
Development of New Studying Strategy

Step 1: For short answer and multiple choice questions, write the number of each question you got wrong and check which reason best applies for getting it wrong. For your "Other" answers, please explain below the chart.

Question number missed →																					
Didn't know enough detail																					
Relied on memorizing; didn't really understand																					
Didn't read question carefully																					
Accidentally entered wrong letter on scantron																					
Was confused by the question																					
Other																					

"OTHER" EXPLANATION:

Step 2: For each question that you checked "Not know enough detail" fill in the location of the material

Question number missed →																					
Written on a PPT covered in lecture or lab																					
In handout																					
Spoken during lecture or lab																					
Read by you in assigned text or lab manual																					
Fleshed out using text for PPT slides on own																					
Other																					

Step 3: Assessing your study habits. Check all that apply.

_____I had a set time where I showed up to study (____ hrs a day / every other day / week [choose])
_____I skimmed or read the chapter *before* lecture
_____I skimmed or read the chapter *after* lecture
_____I completed the LearnSmart and unit homework assignments
_____I actively participated in class (took complete notes, paid attention, contributed to discussion of clicker questions)
_____I reviewed my class notes within 24 hrs of the lecture
_____I highlighted and/or reread my class notes
_____I used the class review sheet to make sure my notes were organized correctly
_____I rewrote my class notes and combined them with book info
_____I checked my class notes with a neighbor to see if I wrote down everything
_____I sought help for material I wasn't sure about
_____That help came from: ____ book ____ professor ____ study partner ____ tutor ____ Action Center
_____I made flashcards with _____ vocabulary words _____ mock exam questions _____ conceptual material
_____I reviewed my flashcards: _____ times a day / every other day / week (choose)
_____I wrote out the answers to questions in the textbook (end of each section and end of each chapter)
_____I answered questions on old exams without using my notes, book, or other source of help
_____I wrote and answered my own sample test questions
_____I made concept maps
_____I practiced with the material by writing everything I could remember about each topic
_____I practiced with figures by: ____ looking at them ____ explaining them _____ practicing labeling them

Step 4: On the back of this sheet, write a specific plan to prepare for the next exam. Your plan should include the details of how (and when) you will study on a regular day-to-day basis and the details of how you will specifically prepare for the exam. Discuss this with your instructor if you'd like, but keep it for reference.

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